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QSM, Vol. 3: Congruent Action

"The former star programmer who now struggles with the challenges of management will find, in Weinberg, a mentor with more than two decades of experience helping programmers, team leaders, and managers grow in the psychological and social dimensions of their professions. This book will probably make you think twice about some decisions you currently make by reflex. That alone makes it worth reading."

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"The fundamental concept in *Congruent Action* is that, besides thinking right about software (*Vol. 1: Systems Thinking*) and observing the right things (*Vol. 2: First-Order Measurement*), you have to be able to put your ideas and observations into action."

—GMW, *Dorset House Quarterly*, Vol. IV, No. 2

About the Author



Internationally respected for his innovative thinking on both human and technical issues, Gerald M. Weinberg focuses on ways to help people improve their productivity. He is the author of numerous books on software project management, problem solving, systems design, and computer programming. Visit him on the Web at www.geraldweinberg.com.

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by Gerald M. Weinberg



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*To Manage Effectively,
Understand and Manage Yourself*

Becoming an effective manager is the subject of this third stand-alone volume in Gerald M. Weinberg's highly acclaimed series, *Quality Software Management*.

To be effective, managers must act congruently. That is, managers must not only understand the concepts of good software engineering, but also practice them. Effective managers need to know what to do, say what they will do, and act accordingly. Their thoughts and feelings need to match their words and behaviors.

Congruence has the sense of "fitting"—in this case, simultaneously fitting your own needs, the needs of the other people involved, and the contextual, or business, needs. Managers themselves must

take responsibility for improving the quality of management and for changing their own attitudes and thinking patterns before they try to impose changes on everyone else.

As the author advises, "If you cannot manage yourself, you have no business managing others." This book offers practical advice on how to act and manage others congruently. Examples, diagrams, and tools such as the Myers-Briggs Type Indicator (MBTI) fortify the author's recommendations.

Topics include: identifying the various styles of coping, especially under stress • selecting the best managers • understanding the role of self-esteem • and much more.

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